

Competency Goal I: To establish and maintain a safe, healthy learning environment.

Functional Area 2: Healthy: Candidate promotes good health and nutrition and provides an environment that contributes to the prevention of illness.

Pre-test for 8-31-2010

1. Family Home and Preschool: (answers should reflect common sense)
  - a. For each of the following interest areas, list two ways to keep the area safe.
    - i. Art
      - 1.
      - 2.
    - ii. Sand and water
      - 1.
      - 2.
2. Infant toddler and family home
  - a. For each of the following daily routines, list two ways to keep the area safe:
    - i. Diapering
      - 1.
      - 2.
    - ii. Feeding
      - 1.
      - 2.
3. Preschool, infant toddler and family home
  - a. List two examples of items to check daily to maintain safety indoors.
    - i.
    - ii.
  - b. Think of an emergency situation that might arise at the program. List two things teaches could do to keep children safe in that situation.
    - i. Emergency situation: \_\_\_\_\_
      - 1.
      - 2.
4. Matching: choose the numbered item in the right column that best matches each statement in the left column
  - a. Write the number on the line

What Preschool Children Are Like	How Teachers Can Use this Information to Keep Children Safe
a. ____3____ They have lots of	1. Use butter knives for meals and sharp child-sized

energy and run, hope and jump.	knives for cooking. Provide sturdy tools children can use with success. Store tools when not in use. Demonstrate how to use tools safely and involve children in setting safety rules. Limit number of children in cooking areas at one time and offer close supervision.
b. __2__ They throw, kick, and catch objects.	2. Provide an area when children can throw and kick soft objects without hurting others. Remind children to kick and throw balls and bean bags, not sand, toys and other items that could cause injuries.
c. __1__ They use tools such as knives, scissors and writing implements.	3. Set up the indoor and outdoor areas so children can move freely without bumping into each other or the furniture and equipment. Limit running to the outdoor area or a supervised hallway, and offer frequent, positive reminders: "Walk inside." Provide energy outlets indoors such as climber or a movement activity.
d. __4__ They begin to understand cause and effect.	4. Involve children in discussing and setting safety rules and limits---for example height limits for block structures. Use positive statements as reminders. Point out potential hazards and discuss what might happen if they are no removed or avoided.

Preschool and Family Home Multiple choice:

Write X on the line next to letter with the best response:

5. To keep children safe while outdoors in an electrical storm,
  - a. \_\_\_ find the nearest tree to stand under.
  - b. \_\_\_ cluster together
  - c. \_\_\_ find a wooden or metal shed to go into.
  - d. x seek shelter in a vehicle or low area.
6. When walking with children in traffic,
  - a. \_\_\_ cross in the middle of the street.
  - b. \_\_\_ pay attention to the younger children, let the older ones walk alone.
  - c. \_\_\_ obey the traffic signals most of the time.
  - d. x explain to the children what you are doing and why
7. To help children learn to keep themselves safe,
  - a. \_\_\_ make sure children memorize all the safety rules.
  - b. \_\_\_ restrict most of the activities.
  - c. c apply rules consistently and appreciate children who follow them
  - d. \_\_\_ let children make mistakes so they'll learn what will happen if they do not follow the rules.
8. Infant toddler and Family home:

- a. Infant bottles should
  - i. ☐ be warmed in a microwave
  - ii. ☒ have the temperature checked before being offered
  - iii. ☐ be warmed in the oven
- b. While feeding an infant, it is safe to:
  - i. ☐ let the infant try to hold the bottle herself
  - ii. ☐ let another infant or toddler feed the infant
  - iii. ☒ have adults hold the infant, look at the baby's face and talk to the infant while feeding an infant a bottle.
- c. An infant's crib should:
  - i. ☐ have toys tied across the crib for the infant to play with
  - ii. ☒ have the sides of the crib in a raised position; latches and locks on the drop side are fastened.
  - iii. ☐ have pillows, heavy blankets and large stuffed animals in the crib while the baby is in the crib

#### Infant toddler and family home

9. Mark true or false.
- a. ☐ Venetian blind cords are safe to allow a baby or toddler to play with.
  - b. ☐ Rattles and/or pacifiers are safe to hang on a cord around a infant or toddler's neck
  - c. ☐ It is safe for adults to drink hot beverages while holding an infant or standing near children.
  - d. ☒ It demonstrates safe best practices to have adult handbags and briefcases (which may contain unsafe objects or materials) stored out of reach of children's reach.
  - e. ☐ It is safe to have rattles and squeeze toys are kept in cribs when babies are sleeping.
  - f. ☐ It is safe to have wastebaskets are within easy reach of infant and toddlers.
  - g. ☒ It is safe to use safety straps in high chairs, strollers, swings and car seats.